

I am a student in grade 11, who was part of the Help Our Students Program this year. First of all, the money helped me buy things I need for my mental health to get better and so I can concentrate better in school. In particular, I used the money to buy fidget toys, pencils, sketchbooks, books, and string to make bracelets. In addition, I was able to get the things I need for my wisdom teeth like Tylenol, Advil, and Orajel so I am not in pain as I wait for the appointment to get them removed. Without a doubt the program helped me a lot this year. On the other hand, last year managing my mental health was challenging which made it harder to concentrate in school. As a result of the money I am able to help myself instead of asking for help. I can buy things I need on my own. Also, it helped my family with groceries and gas for the vehicle. It helped my brother pay for his seminars for his jujitsu. For these reasons I would like to say thank you so much to this program. It has helped me so much and I'm so glad I got chosen to be a part of this program.